

Planning for

# COMMUNITY HEALTH

into the next decade:

## Healthy People

The Board of Health and a Community Steering Committee adopted two overall goals for Healthy People 2010

1. Eliminate health disparities
2. Increase the quality and years of healthy life

The department is working to accomplish these goals through the following programs:

### HEALTHY BEHAVIORS

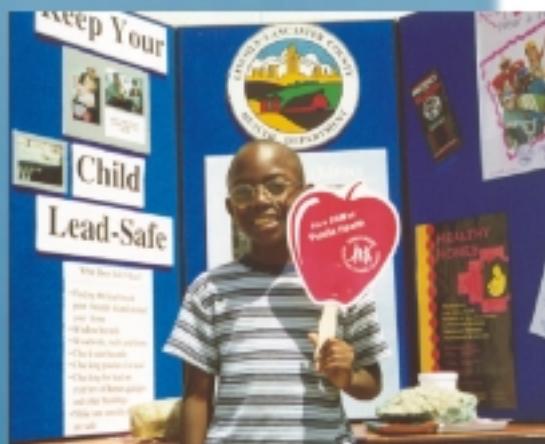
- ❖ Prevention of Tobacco Use
- ❖ Better Nutrition and Physical Activity
- ❖ Prevention of Alcohol and Other Drug Use
- ❖ Responsible Sexual Behavior
- ❖ Immunization and Communicable Diseases
- ❖ Injury and Violence Prevention
- ❖ Prevention and Interventions for Improved Behavioral Health

for the Year 2010  
Lancaster County  
Nebraska



### HEALTHY PEOPLE

- ❖ Maternal and Child Health
- ❖ Healthy Children
- ❖ Healthy Older Adults
- ❖ Chronic Disease Prevention
- ❖ Improved Oral Health
- ❖ Improved Access to Health Care



### HEALTHY ENVIRONMENTS

- ❖ Safe Food
- ❖ Safe Water
- ❖ Clean Indoor and Outdoor Air
- ❖ Elimination of Toxic and Hazardous Materials
- ❖ Public Health Emergency Management
- ❖ Improved Waste Management
- ❖ Animal Control